

Self-Reflection Guideline – Eligible Module C

Intercultural Education



Formalities:

A minimum of 5 pages including reference list, font size 11 pt Arial, line spacing 1,5, margins 2,5 each side. Please find more information under: [here link to a website page]

I Conference / Workshop

1. Please draft the theme and the program of the conference/workshop/training!
2. What was your motivation to attend the event and what were your expectations?
3. To which cultural groups do you feel attached to?
4. Position yourself in selective cultural dimensions and explain your assessment.
5. Why is it so important to look at oneself and others from different perspectives?
6. How can you handle your own negative emotions during acculturative stress? Please name some strategies to cope with cultural misunderstandings.
7. To what extent has the conference / workshop / training helped you to further your intercultural education and foster your interethnic competences?
8. How can you bring these learned skills to daily life?
9. Other remarks

II Lectures and Seminars

1. Please summarize the content of the session!
2. What was your motivation to attend the session, and what were your expectations?

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3. To what extent has the lecture or the seminar helped to further your education on an intercultural level? Please name at least three learning outcomes.
 4. How can you apply these learned skills to daily life?
 5. Other remarks